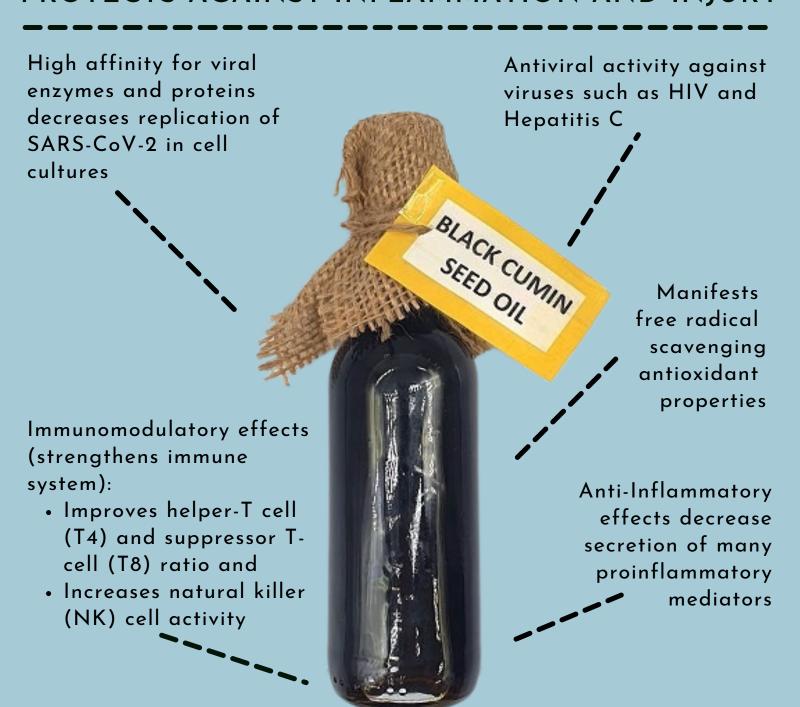
NIGELLA SATIVA

A POTENT COVID-19 ANTIVIRAL

PROTECTS AGAINST INFLAMMATION AND INJURY



- Active chemical: Thymoguinone
- Available forms:
 - 1. supplements
 - 2. pure oil
 - 3. seeds
- Prevention: 40mg/kg/day
- Early Treatment: 80mg/kg/day for 14 days





- 1 Teaspoon = 3.3 gm
- 1 Tablespoon = 10 gm
- 1000 mg = 1 gm
- Calculator lbs to kg
- Formula: 40mg (or 80 mg) x body weight in kg = dose per day
- 40mg/kg = prevention
- 80mg/kg = early treatment

